

## Trusting God Fast

### Psalm 37:5-6 (The Message)

**<sup>5-6</sup> Open up before God, keep nothing back;  
he'll do whatever needs to be done:  
He'll validate your life in the clear light of day  
and stamp you with approval at high noon.**

**APRIL 14<sup>th</sup> – MAY 11<sup>th</sup> 2009**

This is our season for seeking God for the unusual in the midst of the storm and to confront the brunt of the storm standing on the promises of God in absolute trust.

As with our other fasts we suggest giving something up – a meal a day or give up on a defined pleasure like television, films for the duration of the fast. This period has to be laden with prayer to get the full benefits of the fast accompanied with reading and meditating on the Scriptures. The key here is meditation not just reading.

The main points of our fast:

1. To re-consecrate ourselves to the Lord and to His purpose over our lives.
2. To declare that we trust Him and His plans over our lives.
3. To declare His promises to us in this glorious year 2009.
4. To take our stand on His word irrespective of our circumstances.
5. To confess His goodness over our circumstances in every way.
6. To seek guidance and clarity for the rest of the year.
7. To pray for International Ministers Fellowship, the officers, the future and for the success of GAPS (May 9-11 2009).

There will be a different set of scriptures put out every four days. Read, meditate and pray each set of scriptures over the four days. This is the scriptural guide for the appointed days. The fast guidelines and the scriptures will be released on the website of **International Ministers Fellowship** and **Saxifrage Christian Ministries**.

### Set 1 (14<sup>th</sup> – 17<sup>th</sup> April 2009)

- **Psalms 31:14**
- **Psalms 37:25**
- **Psalms 33:21**
- **Psalms 22:9**

[www.ministersfellowship.org](http://www.ministersfellowship.org)

[www.saxifragecm.org](http://www.saxifragecm.org)

Matthew Akinjide Daniel  
Prayer and spiritual directorate  
International Ministers fellowship