

Trusting God Fast part 4

Psalm 37:5-6 (The Message)

**⁵⁻⁶ Open up before God, keep nothing back;
he'll do whatever needs to be done:
He'll validate your life in the clear light of day
and stamp you with approval at high noon.**

APRIL 22nd – 25th

This is the third set of verse to read, meditate and pray during this fast.

As with our other fasts we suggest giving something up – a meal a day or give up on a defined pleasure like television, films for the duration of the fast. This period has to be laden with prayer to get the full benefits of the fast accompanied with reading and meditating on the Scriptures. The key here is meditation not just reading.

The main points of our fast:

1. To re-consecrate ourselves to the Lord and to His purpose over our lives.
2. To declare that we trust Him and His plans over our lives.
3. To declare His promises to us in this glorious year 2009.
4. To take our stand on His word irrespective of our circumstances.
5. To confess His goodness over our circumstances in every way.
6. To seek guidance and clarity for the rest of the year.
7. To pray for International Ministers Fellowship, the officers, the future and for the success of GAPS (May 8-10 2009).

There will be a different set of scriptures put out every four days. Read, meditate and pray each set of scriptures over the four days. This is the scriptural guide for the appointed days. The fast guidelines and the scriptures will be released on the website of **International Ministers Fellowship** and **Saxifrage Christian Ministries**.

Set 5 (30th April – 3rd May 2009)

- **Psalm 62:8**
- **Psalm 84:12**
- **Psalm 86:2**
- **Psalm 91:2**

www.ministersfellowship.org
www.saxifragecm.org

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